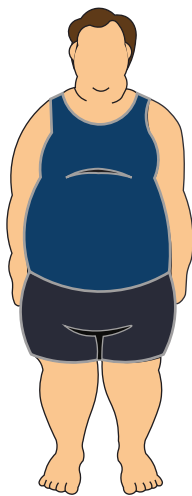


Obesity and Related Conditions

What is it?

Obesity can affect a person's overall health and wellbeing. People with a body mass index of more than 25 are at greater risk of developing a number of related medical conditions. Obesity can also increase the symptoms of these health conditions.



Male Specific

Genitourinary

- Sexual dysfunction

Reproductive health

- Infertility

Cancer

- Cancer of the prostate

Gastrointestinal

- Fatty liver disease
- Gallbladder and pancreatic disease
- Reflux

Cardiovascular

- Stroke / Coronary heart disease
- Cardiac failure
- Hypertension

Endocrine

- Metabolic syndrome
- Type 2 diabetes

Genitourinary

- Chronic kidney disease
- Kidney stones

Pulmonary

- Obstructive sleep apnoea
- Asthma
- Obesity hypoventilation syndrome

Musculoskeletal

- Foot and/or knee pain
- Lower back pain / spinal disc disorders
- Mobility disability (particularly in older adults)

Cancer

- Cancers of the bowel, oesophagus, gallbladder, pancreas and kidney

Mental health

- Depression
- Eating disorders – binge eating disorder

Speak to your GP about ways to reduce your weight and improve your health



Female Specific

Genitourinary

- Stress urinary incontinence

Reproductive health

- Menstrual disorders
- Miscarriage and poor pregnancy outcome
- Infertility

Cancer

- Cancers of the breast (post-menopausal women), ovaries and endometrium