

What is it?

Chlamydia is a common sexually transmitted infection. It's caused by bacteria. You get chlamydia by having unprotected sex with someone who already has it. You can also pass chlamydia to others by having unprotected sex.

Chlamydia doesn't always cause symptoms, so you may not know you have it. But, the infection can last for a long time and can lead to issues with fertility and health in general. It's important to get treated as soon as you learn you have it.

What will my GP do?

Your GP will have started you on medication to treat the infection. Your GP may also discuss:

- Your treatment
- Treatment for related issues like pelvic inflammatory disease
- Testing for other sexually transmitted infections
- How to start contact tracing (telling past partners they need to get tested)
- Prevention and contraception
- Resources and support
- Your GP may refer you to a sexual health clinic if:
 - Your situation is complicated
 - You have several partners who need to be tested and treated
 - You are more likely to need specialist care

What will my GP do in the future?

Your GP will see you again in three months for another test. This is to ensure the infection is gone. If you are pregnant, re-testing is needed five weeks after your treatment has finished.

What can I do?

It's important you follow your treatment instructions carefully. Untreated chlamydia can lead to a range of fertility and health issues in both men and women.

Besides getting healthy, you need to make sure everyone you've had sex with in the last six months knows to get tested, too. Speaking to your previous partners will stop them spreading the infection to others.

What questions could I ask my doctor?

- What medicine do I need to take?
- How long do I need to take it for?
- How can I prevent re-infection?
- Am I at risk of any further complications?
- Will my family and friends find out?
- Where can I get more help and support?



Chlamydia

What supports are available?

Liverpool Sexual Health Clinic

The Liverpool Sexual Health Clinic offers STI testing and diagnosis. As well as helping you with contact tracing, staff can help you manage and cope with your STI diagnosis. You can either ask your GP to refer you or contact the clinic directly.

Address: Ground Floor, 13 Elizabeth Street, Liverpool

Phone: (02) 9827 8022

Where can I learn more?

Health Translations – multilingual resources: healthtranslations.vic.gov.au

NSW Health: health.nsw.gov.au

NSW Sexual Health InfoLink: phone **1800 451 624** or visit shil.nsw.gov.au

Sydney Sexual Health Centre - Online Assessment Tool: sshc.org.au

This information is to be viewed by someone who has received a diagnosis from their doctor. It is not designed to be used to diagnose a condition or as a substitute for ongoing medical care

Health Resource Directory factsheets are endorsed by South Western Sydney PHN's Community Advisory Committee and local GPs

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