



Developmental Milestones (10-12 months)

Patient Factsheet

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What is it?

GPs use milestones to track your child's development. Milestones are the skills and tasks children can do at different ages.

If your child is not meeting one or more milestones, there may be a cause for concern. See the developmental concerns in children factsheet for more information and supports.

DOMAIN

MILESTONE

NEEDS ASSESSMENT

Fine Motor



9 months:

- Claps hands and bangs things together
- Pokes at small objects
- Points with index finger
- Holds onto biscuits and puts it in their mouth
- Searches for hidden toys
- Lets go of toys voluntarily
- Beginning to play

12 months:

- Picks up small objects (sultanas) between finger and thumb
- Points to objects and pictures in books and holes in toys
- Puts toys or objects into containers
- Tries to feed themselves with spoon (still very messy)

Gross Motor



9 months:

- Moves around on stomach by creeping or crawling
- Sit by themselves and reaches for toys without falling
- Stands at a table with little help for a length of time on flat feet

12 months:

- Crawls everywhere
- Pulls up on furniture to stand
- Walks around furniture with flat feet
- Climbs onto objects

Social Skills



• Waves bye-bye on request

- Likes to be within sight and hearing of familiar adult
- Shows two or more recognisable emotions e.g., fear, pleasure, distress
- Seeking contact with regular caregivers and is concerned when caregiver departs
- Smiles or vocalises to make social contact

- Unable to use index finger in isolation
- Unable to use thumb and index finger to pick up objects



- Unable to stand whilst holding on to something
- No crawling or bottom shuffling
- Any differences between right and left sides of body (in strength, movement or muscle tone)

- Prefers to play alone
- No difference in responses to strangers and familiar people
- No response to affection by caregivers
- Lack of awareness of social behaviours such as waving or noticing someone enter the room

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NEEDS ASSESSMENT

Speech & Language



9-10 months (feeding):

- Chews using an up and down motion
- Eats most food consistencies
- Drinks from a cup or spout with help

9-10 months (communication):

- Recognises and responds to own name
- Babbles by combining sounds e.g. 'ma-ba-da'
- Copies noises and sounds e.g., animals
- Uses sound patterns that mean something to them but are not real words
- Obeys simple commands in context for example, "going to car" while mum has keys at the door

11-12 months

- Imitates facial expressions
- Indicates rejection of attention, objects by non-verbal and verbal cues e.g. crying / pushing something away / shaking head
- Follows simple motor instructions with visual cues e.g., wave 'bye bye'
- Uses one or more words with meaning e.g., ball, keys

Cognitive



- Finds hidden objects in game (block under cup)
- Actively explores world
- Copies actions

- No single words
- No babble phrases that 'sound' like normal language
- No interest in language, communication
- No recognition of individual words



- Forgets objects or loses interest as soon as they are out of view