



Developmental Milestones (9-12 years)

Patient Factsheet

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What is it?

GPs use milestones to track your child's development. Milestones are the skills and tasks children can do at different ages.

If your child is not meeting one or more milestones, there may be a cause for concern. See the developmental concerns in children factsheet for more information and supports.

DOMAIN

MILESTONE

NEEDS ASSESSMENT

Fine Motor



- Writes letters and numbers correctly and legibly
- Organises written work neatly on a page
- Copies written work from the blackboard
- Completes written work at an appropriate speed
- Completes written work without reporting pain in hand or arm
- Organises themselves and their belongings
- Independent with toileting during the day and night
- Can use adult tools for basic tasks e.g. saws and hammers, sewing

Gross Motor



- Jumps down four or more stairs / can skip fast with a skipping rope
- Rides a bicycle / is able to swim
- Participates appropriately with peers in sporting programs in school or the community
- Shows increased body awareness and self-perception
- Shows increased awareness of their own physical skills and how they appear to others

Speech & Language



- Maintains one topic of conversation for several minutes
- Understands jokes and words have more than one meaning
- Follows all instructions without difficulty
- Uses descriptions when telling or writing stories
- Uses descriptions in other text e.g. reports and procedures to make writing more interesting
- Researches simple topics and writes reports and simple essays
- Read stories and reports, talk about the main ideas, what could happen next, and infer meaning from indirect statements

Social Skills



- Shows high independence from parents
- Starts and maintains relationships with family, friends and peers
- Regulates emotions and begins to understand other people's emotions and act accordingly
- Can resolve social problems and conflicts
- Understands other people's points of view
- Influenced by school and friends in the sense of what is important
- Responds to appropriate behaviour management strategies

Cognitive



- Sustains attention for long periods of time
- Meets school curriculum expectations

- Difficulty with construction and fine manipulative work
- Poor legibility and speed of handwriting compared to peers
- Gets tired easily when completing a fine motor or writing task
- Seeks out, or avoids, certain textures, sounds, or movements

- Avoidance of sports in general
- Avoidance of team sports
- Feelings of being 'bad' or 'hopeless' at physical activities
- Frustration and poor self-confidence
- Decreased levels of endurance and fitness

- Unable to maintain a conversation
- Unable to follow multi-part instructions

- Aggressive behaviour and cannot see things from another's point of view
- Poorly developed idea of right and wrong
- Lack of compromise and flexibility
- Lack of empathy

- Concerns about academic performance
- Unable to maintain attention
- Unable to work independently

This information is to be viewed by someone who has received a diagnosis from their doctor. It is not designed to be used to diagnose a condition or as a substitute for ongoing medical care

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